



Paul A. O'Grady
Supervisor

Cindy M. Murray
Clerk

Patrick Feldner
Maria Sanfilippo
Antonio Rubino
John Lynch
Trustees

Rich E. Kelly
Assessor

Brian H. Younker
Highway Commissioner

Office Locations

Administrative Office
Assessor's Office
Youth & Family
Counseling Services
14807 S. Ravinia Ave.
Orland Park, IL 60462

Main Fax Number
(708) 403-4260

Administrative Office &
Assessor's Office
Telephone Number
(708) 403-4222

Youth and Family
Counseling Services Office
Telephone Number
(708) 403-4001

Highway Department Office
16125 S. Wolf Rd.
Orland Park, IL 60467
Phone: (708) 403-5148
Fax: (708) 403-5165

www.orlandtownship.org

TOWNSHIP OF ORLAND

For Immediate Release
April 23, 2018

For More Information
Lisa Ruel (708) 403-4222

Orland Township Celebrates Older Americans Month **Health Fair kicks off month-long celebration of seniors**

Orland Township Supervisor Paul O'Grady invites area seniors to visit the Township Office during May to take part in the month-long celebration of Older Americans Month.

Specially themed drop-in days and free fitness classes are just a few of the events that will encourage seniors to "Engage at Every Age," the 2018 theme of Older Americans Month.

The Township will kick off Older Americans Month with a Senior Health Fair on Tuesday, May 1, 2018, from 9 a.m. and noon at the Township Office, 14807 S. Ravinia Ave., Orland Park.

The first 50 attendees will receive a free gift bag. The health fair is free and some of the featured services included:

- FREE Blood Pressure Checks
- FREE Cholesterol Tests **(must make appointment)**
- FREE Blood Glucose Test **(requires 2 hr. fasting)**
- FREE Hearing Screenings
- Discounted Adult Vaccines **(must make appointment)**
- Massages
- Medicare Counseling
- Orland Fire & Home Safety
- Podiatry Screening (sign up at Health Fair)
- Cook County Sheriff's Office and Senior Services

Local vendors will be on site with light snacks, giveaways and raffle prizes. Those scheduled to attend include:

- Casa Margarita
- Cheesecake Factory
- Christopher John Florist
- Giordano's
- Granite City
- Longhorn Steakhouse

- Lume's
- Miroballi's
- Nothing Bundt Cake
- Olive Garden
- Salon Evangelos

Other senior related vendors and information also scheduled to attend include:

- AARP
- American Dream Retirement
- Arthritis/Balance Assessment
- Autumn Leaves
- Costco
- Diabetic Shoe Info
- Evergreen Senior Living
- Honor Flight
- Nutrition Information
- PLOWS
- Premier Jewelry
- Right at Home
- Sam's Club
- Senior CPR Info
- This is my Legacy
- Treasurer's Office
- Walgreens
- Waterford Estates

The Carl Sandburg High School Orchestra will also be in attendance to provide entertainment.

"Today's seniors are active adults who keep busy by participating in a variety of activities," said Supervisor O'Grady. "Orland Township is proud to host many programs that keep our seniors active and engaged."

For more information on programs and events being held at Orland Township during Older Americans Month, visit the website, orlandtownship.org, or call (708) 403-4222.

#