

THE ORLAND TOWNSHIP FOCUS



MESSAGE FROM THE SUPERVISOR



Paul O'Grady
Orland Township Supervisor

Dear Orland Township Resident,

At Orland Township, we are committed to being responsible stewards of your tax dollars. We hold the line on property taxes by collaborating with a network of generous businesses, other organizations, donors and volunteers to produce events and services that help strengthen and enhance our community.

As we launch a new year of programming, we acknowledge and thank all of those local supporters without whose contributions our accomplishments would not be possible. We look forward in 2020 to producing a refreshed menu of classes, trips, entertainment events and other initiatives to promote activity across the generations and enrich residents' lives.

Next Up: The day before the Big Game, we will host on Saturday, Feb. 1 the third annual "Souper Bowl Challenge" to bring families together around a friendly soup cook-off, which raises money we will use to feed area residents in need. If you're looking for a fun way to connect with neighbors and help out a good cause, or could use a nourishing bowl of soup to take the edge off the winter cold, please join us anytime between 2 p.m. and 5 p.m. To purchase tickets or for more information on how to compete, please call Orland Township at (708) 403-4222.

In March, Orland Township will serve as an early voting site for two weeks prior to the primary election on Tuesday, March 17. If you still need to register to vote, you can do that at the Township office, as well, during early voting hours. (To register to vote on Election Day, visit your home precinct.) Please see Township Clerk Cindy Murray's column on page 3 of this *Focus* for more details on early voting and the option of grace period registration. Because you never know what may come up or how the weather will be on Election Day, we encourage all who are eligible to take advantage of the opportunity to vote early.

Celebrating Seniors: We are excited to again produce a series of live performance events – such as Senior American Idol, Dancing with the Senior Stars, and Senior Dating Game – to showcase the talents of local seniors while encouraging them to have fun and remain active. These events unite the community while raising funds to help aspiring youth, through the Orland Township Scholarship Foundation, pursue higher education. We also offer a variety of classes to encourage exercise and promote wellness.

Supporting Families: For residents of all ages, we offer a range of health services such as the Drive Thru Flu Shot Clinic in the fall. During the Township's 2019 Holiday Program, we collected and distributed food, new toys and clothes to friends and neighbors in need. Such generosity and compassion remind us that we are lucky to live in a caring, cohesive and resilient community.



Orland Township Board Members look over the 2019 Holiday Program donations.

We also have expanded investment in children and youth while improving local recreational opportunities. Looking ahead to the fall, our annual Pet-Palooza gathering, which features pet-oriented vendors and fun activities for kids, is popular with families and their four-legged friends alike.

Working for You: Please take some time to peruse this edition of *Focus* for more information about our full collection of initiatives. If you have any questions about the programs, services or events we offer, or have ideas for how we can make Orland Township an even better place, please call (708) 403-4222 or visit us online at orlandtownship.org.

We have much to be grateful for and, in 2020, look forward to another year of service. We're *your* Township, and we're working for you.

Sincerely,
Paul O'Grady

ECRWSS
PRSRST STD
U.S. Postage
PAID
Excel Mailing

Upcoming

Mark your calendar

Events

- Souper Bowl Challenge February 1
- Senior Idol Auditions February 11
- Motown Senior Dinner Dance March 5
- Spring Job Fair April 28

What's Inside?

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facebook Orland Township is on Facebook.

Like our page and receive updates and the most recent Township news: [facebook.com/OrlandTownshipIL/](https://www.facebook.com/OrlandTownshipIL/)

PLEASE RECYCLE

FEB - APRIL NEWSLETTER
Vol. 06 Issue 34

2020



Elected Officials

Paul O'Grady
-Supervisor-

Cindy M. Murray
-Clerk-

Patrick Feldner
Maria Sanfilippo
Antonio Rubino
John Lynch
-Trustees-

Rich E. Kelly
-Assessor-

Brian H. Younker
-Highway Commissioner-

Office Locations Main Office

14807 S. Ravinia Avenue
Orland Park, IL 60462
Phone: (708) 403-4222
Fax: (708) 403-4260

•Administrative Office•
•Assessor's Office•
•Youth & Family Counseling Services•
Phone: (708) 403-4001

•Highway Department•
16125 S. Wolf Road
Orland Park, IL 60467
Phone: (708) 403-5148
Fax: (708) 403-5165

www.orlandtownship.org

**TOWNSHIP GOVERNMENT
WORKING FOR YOU**

Board Meetings

Orland Township board meetings are held at 7:30 p.m. on the third Tuesday of the month in the Orland Township Boardroom, 14807 S. Ravinia Ave.

Board meetings are open to the public and meeting agendas and minutes may be found on the Orland Township website, www.orlandtownship.org

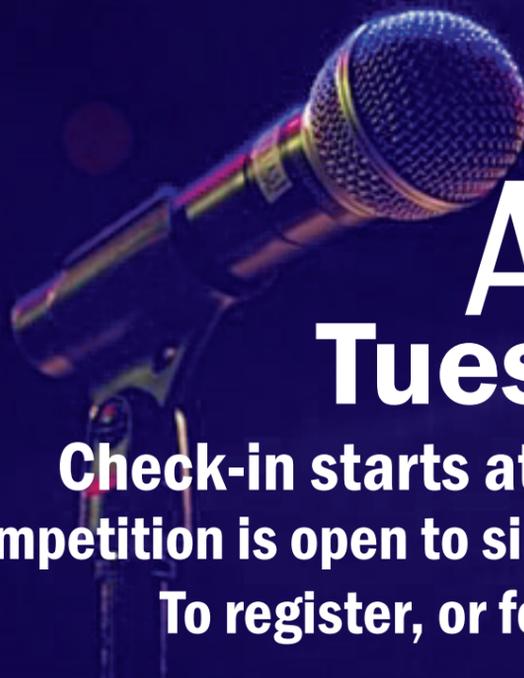
Orland Township
14807 S. Ravinia Avenue
Orland Park, IL 60462

*****ECRWSSDDM****

Postal Customer

THE ORLAND TOWNSHIP
FOCUS

You could be
the next ...



Auditions

Tuesday, February 11

Check-in starts at 4:45 p.m. – Auditions start at 5:00 p.m.
Competition is open to singers ages 55 and older. All singers must register!
To register, or for more information, call 708-403-4222.

Competition

Thursday, April 30

Georgios

8800 W. 159th St
Orland Park, IL
Doors Open 4:30 p.m.
Dinner at 5:30 p.m.

Tickets \$30

Join us for a fun-filled evening benefiting the Orland Township Scholarship Foundation.

YOU, along with celebrity judges, decide who is Orland Township's next Senior American Idol. You'll enjoy a delicious plated dinner along with a cash bar.

Tickets on sale Feb. 27
at Orland Township,
14807 S. Ravinia Ave.,
Orland Park.

Brought to you by...

**Orland Township Supervisor Paul O'Grady
& the Board of Trustees**



NEWS FROM THE OFFICE OF THE CLERK
CINDY M. MURRAY

Early Voting at Orland Township Begins Monday, March 2

Primary Election is Tuesday, March 17

There's a presidential election this year and, for two weeks prior to the primary election on Tuesday, March 17, Orland Township will serve as an early voting site. Specific dates and times, as well as directions for registering to vote, appear below.

Candidates seeking their respective party nominations to run for president or Congress will appear on the primary ballot. Across Illinois, approximately one-third of the state's 59 Senate seats and all 118 of its House seats also are up in this election. Candidates running for Cook County state's attorney, Cook County Circuit Court clerk and a Cook County-based seat on the Illinois Supreme Court also will appear on the ballot. The general election, featuring candidates nominated in the primary election, will be held Tuesday, Nov. 3.

To see which candidates you will have the opportunity to choose from, please visit the Cook County Clerk's website, cookcountyclerk.com, and click on "Elections" and then "Your Voter Information." From there, having entered your street address, you may view a sample ballot and learn the location of your polling place.

If you're eligible to vote and you're not already registered, please do so at your earliest opportunity. And then let's all get out and vote!

For more information, please call Orland Township at (708) 403-4222 or the Cook County Clerk's office at (312) 603-0906.

Cindy M. Murray
Orland Township Clerk

Key Dates for Primary Election on Tuesday, March 17

- Tuesday, Feb. 18**
Voter registration closes for deputy registrars and local election officials
- Wednesday, Feb. 19**
First day of grace period registration and voting
- Sunday, March 1**
Last day to register to vote by online application
- Monday, March 2**
First day of early voting
- Thursday, March 12**
Last day to request a mail ballot, including military and overseas voters
- Monday, March 16**
Last day of early voting
- Tuesday, March 17**
Election Day
Last day of grace period registration and voting
Last day mail ballots can be postmarked

Early Voting at Orland Township

Early voting at the Orland Township office, 14807 S. Ravinia Ave., begins Monday, March 2 and will continue through Monday, March 16 – the day before Election Day.

You may vote early at Orland Township during the following dates and times:

Monday, March 2 through Saturday, March 7
9 a.m. to 5 p.m.

Sunday, March 8
10 a.m. to 4 p.m.

Monday, March 9 through Friday, March 13
9 a.m. to 7 p.m.

Saturday, March 14
9 a.m. to 5 p.m.

Sunday, March 15
10 a.m. to 4 p.m.

Monday, March 16
9 a.m. to 5 p.m.



Voter Registration Options

Registering to vote in Orland Township has never been easier or more convenient. If you're eligible to vote but not already registered, please do so at your earliest opportunity.

You may register online, in person, or by mail. You must:

1. Be a U.S. citizen.
2. Be 17 years old on or before the March 17, 2020 primary election *and* turn 18 on or before the Nov. 3, 2020 general election. In other words, those who are 17 *may* vote in the primary election *if* they will be 18 on or before the general election.
3. Be a resident of your precinct at least 30 days prior to Election Day.
4. Not be serving a sentence of confinement in any penal institution as a result of a conviction.
5. Not claim the right to vote anywhere else.

Ways to Register

If you have an Illinois driver's license or state ID, online registration is available via the State Board of Elections website (ova.elections.il.gov) through Sunday, March 1.

You also may register in person at any of the Cook County Clerk's locations, including those in Bridgeview, at 10220 S. 76th Ave., or in Markham, at 16501 S. Kedzie Ave. Or register with a deputy registrar or at a village, city or township clerk's office, an Illinois Secretary of State's driver's license facility, or certain other state government offices.

If registering to vote in person, you must display two pieces of identification. Neither needs to be a photo ID, but one must include your current address. Acceptable forms of ID include:

- Illinois driver's license
- Illinois state ID
- Employee or student ID
- Credit card
- Social Security card
- Birth certificate
- Utility bill
- Postmarked mail
- U.S. passport
- Lease or rental contract

To register by mail, you may download an application from the State Board of Elections, complete it, and then return it. Visit the board online (ova.elections.il.gov) to obtain an application and for filing directions.

Grace Period Registration & Voting

The standard voter registration period closes 28 days prior to Election Day, but grace period registration and voting continues the registration period by allowing voters to register and vote up to, and even on, Election Day.

Guidelines limit when and where grace period registrants can vote. During the 27-day grace period preceding Election Day, those who wish to register and vote in person may do so at one of the Cook County Clerk's designated grace period locations. Orland Township, as an early voting site, also is conducting grace period registration during periods of early voting (please see above for this schedule).

Individuals wishing to vote during this period must bring two pieces of identification to register. Grace period registrants **immediately cast their ballot** after registering to vote.

Election Day Registration at Your Polling Place

To register to vote or to update your voter information on Election Day, visit your home precinct and display two forms of ID. Neither needs to be a photo ID, but one must include your current address. To find the address of the polling place for your precinct, visit the Cook County Clerk's website, cookcountyclerk.com, click the "Elections" link, choose "Your Voter Information" and then "Where Is My Polling Place."

Automatic Voter Registration

Eligible adults in Illinois also may have their voter registration information updated automatically when they interact with the Illinois Secretary of State. If visiting an office of the Secretary of State to obtain or update a driver's license or state ID, individuals are encouraged to inquire as to whether they may be eligible for automatic voter registration.

(Sources: Cook County Clerk's Office; State Board of Elections)

ORLAND TOWNSHIP SOUPER-VISOR

PAUL O'GRADY

IS KICKING OFF THE THIRD ANNUAL

SOUPER BOWL CHALLENGE

SATURDAY, FEBRUARY 1

14807 S. Ravinia Ave., Orland Park

SOUP TASTING 2-5 P.M.

Raffles 🍌 Games 🍌 Kid Zone 🍌 Music

Additional soups will be made to donate to local soup kitchens!

TICKETS

\$5 ADULTS
\$3 SENIOR CITIZENS
\$3 KIDS AGES 5+

Want to compete? Openings may be available! Call Lindsay (708) 403-4222.

The mission of the Township Assessor is to provide information and services that are accessible, prompt and accurate. This is possible, in part, because township government is so close and responsive to the local property owner.



NEWS FROM THE ASSESSOR RICH E. KELLY

Orland Township taxpayers have two opportunities each year to appeal their property tax assessments. The first opportunity occurred when our Township was open to accept 2019 Real Estate Assessed Valuation Appeals through the Cook County Assessor's Office from Aug. 8 to Sept. 9, 2019. The second opportunity was through the Cook County Board of Review and occurred Dec. 2 to Dec. 31, 2019. Any reduction in the assessed valuation will be reflected on the 2019 Second Installment Property Tax Bill, which should be mailed July 1, 2020 from the Cook County Treasurer's Office with a due date of Aug. 3, 2020.

In addition to reviewing the assessed valuation and possibly filing a property tax appeal, I would recommend that each taxpayer review their Second Installment Property Tax Bill annually to make sure that the proper exemption(s) are applied. Exemptions available to Cook County residents are as follows:

- Homeowner Exemption
- Senior Citizen Exemption
- Senior Freeze Exemption
- Disabled Persons' Exemption
- Disabled Veterans' Exemption
- Returning Veterans' Exemption
- Home Improvement Exemption

At this time, the statute of limitations allows taxpayers to file for missing property tax exemptions going back to Property Tax Year 2015. My staff will be happy to assist you with filing certificates of error for any missing exemptions.

HOMEOWNER EXEMPTION:

In order to receive the Homeowner Exemption, you must own or have a lease or contract under which you are responsible for the real estate taxes of the residential property. The property must also be used as your principal place of residence as of Jan. 1 for the tax year in question. This exemption will be prorated if you purchased a newly constructed home and took occupancy sometime after Jan. 1. In the event of a sale, the property had to have been occupied as of Jan. 1 by the previous owner. Effective with the 2017 tax year and thereafter, the Homeowner Exemption reduces the equalized assessed valuation by \$10,000 (\$10,000 times your local tax rate = actual dollar amount of savings for Homeowner Exemption). Previously the Homeowner Exemption reduced the equalized assessed valuation by \$7,000. Once the Homeowner Exemption has been applied for upon purchase of a primary residence, it should be automatically renewed each year by the Cook County Assessor's Office.

SENIOR CITIZEN EXEMPTION:

The Senior Citizen Exemption is for taxpayers 65 years of age or older. Effective with the 2017 tax year and thereafter, this exemption reduces the equalized assessed valuation by \$8,000 (\$8,000 times your local tax rate = actual dollar amount of savings for Senior Citizen Exemption). Previously the Senior Citizen Exemption reduced the equalized assessed valuation by \$5,000. Senior citizens receiving this exemption automatically qualify for the Homeowner Exemption.

Senior Citizen Exemption Now Automatically Renews Each Year

Cook County homeowners will no longer have to apply every year for the Senior Citizen Exemption due to a new law that Gov. J.B. Pritzker approved in August 2019. This law, which passed the General Assembly as House Bill 833 and is now known as Public Act 101-453, provides that a taxpayer who had previously been granted a Senior Citizen Exemption will not need to re-apply for the exemption every year. The state House and Senate each voted unanimously during the 2019 spring legislative session to approve this measure.

Seniors not currently receiving the exemption, and those who turned 65 in 2019 (born in 1954), must apply for the 2019 Senior Citizen Exemption in 2020; their exemption will then automatically renew each year thereafter. Senior exemptions currently in place will renew automatically in 2020 (Property Tax Year 2019). To allow for the automatic renewal of the Senior Citizen Exemption and prevent fraud in its application, the Cook County Assessor's Office is required to conduct an audit on every Senior Citizen Homestead Exemption at least once every three years. The automatic renewal of the Senior Citizen Exemption will take place unless one of the exceptions is triggered (such as the sale of a home or the death of the taxpayer on record). The Cook County Assessor's Office will work with other governmental agencies to verify this information. If the person on record passes away, the Cook County Assessor's Office will mail a letter asking for a re-application. Public Act 101-453 is scheduled to sunset in 2025, but lawmakers could act to extend the law.

SENIOR FREEZE EXEMPTION:

Requirements for Senior Freeze Exemption Remain Unchanged

The property owner must re-apply for the Senior Freeze Exemption each year. The Senior Freeze Exemption has never been, nor can it ever be, automatic. This is due to the fact that the Senior Freeze Exemption is income based. The prior year's total GROSS HOUSEHOLD income cannot exceed \$65,000. The GROSS HOUSEHOLD income of all individuals who use the property for their principal residence **must** be included. This includes children and grandchildren as well, if they reside there. Please note: GROSS Social Security earnings, not just the taxable portion of the Social Security earnings, must be included in the total income. The Senior Freeze Exemption is subject to audit by the Cook County Assessor's Office. Also, it is important to remember that in order to qualify for the Freeze for the upcoming taxable year 2019, you must meet all of these requirements:

- Be 65 years of age or older in 2019;
- Have a total gross household income of no more than \$65,000 for 2018;
- Own the property, or have a legal, equitable, or leasehold interest in the property on Jan. 1, 2018 and Jan. 1, 2019;
- Be liable for the payment of 2018 and 2019 property taxes; and
- Use the property as a principal place of residence on Jan. 1, 2018 and Jan. 1, 2019.

Please note that the Senior Freeze Exemption DOES NOT freeze the property tax bill amount. Rather, it freezes the prior year EAV (Equalized Assessed Valuation) or "Base Year". It does not freeze the tax rates, which, legally, are subject to change every year.

Effective for property tax year 2017 and thereafter, the income limit for the Senior Freeze Exemption increased from \$55,000 to \$65,000, and is now worth a minimum of \$2,000 in equalized assessed valuation. Using a sample tax rate of 10%, that would equate to an approximate minimum savings of \$200. The Freeze amount varies from property to property depending upon a property's value, and also is based upon how long a person has been on the Freeze. Always keep in mind that the Senior Freeze is based on prior year income, so the 2019 Senior Freeze Exemption is based on the 2018 total gross household income.

The Cook County Assessor's Office mailed the 2019 Senior Freeze Renewal Applications in January 2020 to all seniors currently on record, whether they had filed a Freeze or Senior Exemption from the prior year. In this mailing, the Cook County Assessor's Office informed renewal seniors that the Senior Citizen Exemption is now automatic, and nothing further must be done unless they qualify for the Senior Freeze in which case they must complete and return the Freeze Renewal Application. If you did not receive this renewal application, please contact our office at (708) 403-4222 for assistance.

Please note that any senior citizen born in 1954 (turned 65 in 2019), should complete a Senior Citizen Exemption or Senior Freeze Exemption Application for the first time for property tax year 2019. We encourage taxpayers to visit our Orland Township Assessor's Office and my staff will be happy to assist you by completing and mailing your renewal exemption applications, or in filing any type of property tax exemption application for the very first time.

DISABLED PERSONS' EXEMPTION:

The Disabled Persons' Exemption provides a \$2,000 reduction in the equalized assessed valuation of the property (\$2,000 times the local tax rate = actual dollar amount of savings for Disabled Persons' Exemption). Please contact our office regarding the specific documentation required in order to apply for this exemption.

DISABLED VETERANS' STANDARD HOMESTEAD EXEMPTION:

Senate Bill 107 was signed into law by former Gov. Bruce Rauner in 2015 and is now known as Public Act 99-375. State Sen. Michael E. Hastings was one of the chief co-sponsors of the legislation, which passed the Senate and House unanimously. This law amends the Property Tax Code for the Disabled Veterans' Standard Homestead Exemption. It provides that for taxable years 2015 and thereafter:

- Veterans with **30% - 49%** service-connected disability receive \$2,500 annual exemption (\$2,500 times the tax rate equals actual dollar amount of savings).
- Veterans with **50% - 69%** service-connected disability receive \$5,000 annual exemption (\$5,000 times the tax rate equals actual dollar amount of savings).
- Veterans with **70% or more** service-connected disability are completely exempt from property taxation.

This law also provides that accessibility modifications for disabled persons will not increase a residential property's assessed valuation for seven years after the improvements are completed. Examples of these improvements include but are not limited to: wheelchair ramps, lifts, grab-bars, door widening, modified bathrooms and kitchen accessibility.

The Disabled Veterans' Standard Homestead Exemption, or DVSHE, was created in 2007, providing an annual reduction in Equalized Assessed Valuation on the primary residence occupied by a qualified disabled veteran. Effective for taxable years 2010 - 2014 those veterans with a service-connected disability of 70% and greater received an exemption amount of \$5,000 (deducted from the Equalized Assessed Valuation = EAV or \$5,000 times the tax rate equaled the actual dollar amount of savings for this exemption). Veterans with a service-connected disability of 50% - 69% received an exemption amount of \$2,500 (deducted from the Equalized Assessed Valuation = EAV or \$2,500 times the tax rate equaled the actual dollar amount of savings for this exemption).

The property tax exemptions would remain in effect even if a veteran required admission to a nursing or veterans' home provided the spouse continues living in the residence, or if the residence remains unoccupied but is still owned by the person who qualified for the homestead exemption. Even in these situations, the law mandates that the taxpayer re-apply for the exemption on an annual basis.

The DVSHE carries over to the benefit of the veteran's surviving spouse as long as the spouse holds the legal or beneficial title to the homestead, permanently resides thereon, and does not remarry. If the surviving spouse sells the property, an exemption granted from the most recent tax bill may be transferred to the new residence as long as it is used as his or her primary residence and he or she does not remarry. Beginning with taxable year 2015, an un-remarried surviving spouse of a veteran killed in the line of duty is eligible for the DVSHE on his/her primary residence, even if the veteran did not previously qualify or obtain the DVSHE.

Public Act 100-869, which went into effect for Tax Year 2018 (payable in 2019) stated:

- Veterans now may apply for the exemption at any time of the year and the tax benefits will be prorated, starting with the first complete month in which the veteran lives in the home.
- Under the previous law, veterans were not eligible unless they occupied the home on Jan. 1 of the Tax Year.
- Under the previous law, if disabled veterans receiving the exemption moved in the middle of the year, then they could not receive the exemption on their new home until they reapplied the next year.

Disabled veterans and disabled persons are required to file for the exemptions annually. The 2019 Disabled Persons' Exemption Renewal Forms and 2019 Disabled Veterans' Exemption Renewal Forms will be mailed in February 2020. New applications for those who have never applied should also be available at this time. As a reminder, disabled veterans are required to attach a **current** copy of a disability certification or verification letter from the U.S. Department of Veterans Affairs (VA) stating the veteran has a service-connected disability for the assessment year being applied for. The document must also specify the combined or **overall** percentage of that service-connected disability.

RETURNING VETERANS' EXEMPTION:

The Returning Veterans' Exemption provides a two-year reduction of \$5,000 in equalized assessed valuation for veterans returning from active duty in an armed conflict involving the United States. Please contact our office regarding required documentation.

HOME IMPROVEMENT EXEMPTION:

The Home Improvement Exemption allows you to increase the value of your home with up to \$75,000 worth of improvements without increasing your home's taxable market value for the new improvements for at least four years.

Please be aware that by law a person is allowed to collect an exemption only on the home that is his or her primary residence in the U.S. This law regarding erroneous exemptions, developed by former Cook County Assessor Joseph Berrios and signed by former Gov. Pat Quinn in 2013, gives Cook County the means to recoup funds from those who have improperly received exemptions.

If you have any questions regarding the information contained in this article or the services provided by the Orland Township Assessor's Office, please contact me or a member of my staff, Mary Ellen Colletti or Lea Sullivan, at (708) 403-4222.

The Highway Department maintains the residential streets and public right of way in unincorporated Orland Township. This includes repair and construction of streets, storm sewers, sidewalks, curbs and street signs.



REPORT FROM HIGHWAY COMMISSIONER
BRIAN H. YOUNKER

The Highway Department maintains and services more than 23 miles of roadway, as well as bridges and road rights of way in unincorporated Orland Township, keeping them safe and accessible. Our efforts include repair and construction of streets, storm sewers, sidewalks, curbs and street signs. We also are responsible for snow removal, street sweeping, street lighting and culvert replacement.

Improving the safety and overall appearance of our community is a cooperative effort between residents and government; positive changes occur when we work together. Please help support Orland Township by reporting illegal dumping, street light outages, potholes, or broken or missing street signs to the Highway Department Maintenance Facility.

The Highway Department stands ready to serve the area's growing population. Our facilities are located at 16125 S. Wolf Road, Orland Park.

Reflecting On 2019

ROAD RESURFACING



In the cold weather months, Commissioner Brian Younker and the Highway Department crew spend much of their time clearing snow, salting Township streets, and checking drains. When the snow and ice melt, we want to make sure the drains aren't compromised. This holds especially true with the work completed last fall.

As part of our ongoing effort to resurface roadways requiring extensive repair, Logan Drive, along with Logan Court and Kaup Lane within the Pinewood North Subdivision, have a refreshed appearance. The Highway Department will continue to repair roads as needed.



BUSY ELECTRONIC RECYCLING YEAR

Commissioner Younker is proud to report that the Orland Township Highway Department, the busiest drop-off location in the south suburbs, collected more than 250,000 pounds of recycled electronics last year. Since Commissioner Younker introduced the Electronic Recycling Program to Orland Township in 2010, the Highway Department has collected more than 2.9 million pounds of recyclables.

The Highway Department will continue the recycling hours of Monday through Friday, 7 a.m. to 3 p.m.

Please refer to the information below. If you have any questions, do not hesitate to contact the Highway Department.

Coupon Fee for All Televisions and All Computer Monitors

Screen (measured diagonally) smaller than 21 inches: **\$25**
Screen (measured diagonally) 21 inches or larger: **\$35**

Payment can be made via CREDIT CARD ONLY online or at the site upon drop off.

Location: Orland Township Highway Department
16125 S. Wolf Road, Orland Park
Phone: (708) 403-5148

For a list of accepted items, please visit the Orland Township website at orlandtownship.org. The list, together with a link to purchase the coupon, is located under "Services." Please bring a copy of the coupon with you when dropping off items.

ELECTRONIC RECYCLING HOURS
MON THRU FRI – 7 A.M. TO 3 P.M.

FRIENDLY REMINDERS TO OUR RESIDENTS

HIGHLIGHT YOUR HOME ADDRESS.



Street lighting helps emergency vehicles find their way throughout the Township. Please take the time to ensure your home's address is visible from the street so first responders can locate it in the event of an emergency. We recommend that the numbers are at least three inches high and that the color of the numbers contrasts with the surface. (The numbers should not

blend into the surface.) Trees or other landscaping should not block the numbers. Remember that emergency service personnel can lose time in responding to your call if they cannot find your home.

STREET SIGNS & LIGHTS. Repairs, removals, additions and enhancements of signs and pavement markings are generated by verbal and written requests from residents, police reports, and Highway Department staff. If you know of a street in the unincorporated area that is missing a sign, call the Orland Township Highway Garage at (708) 403-5148. Also, if there is a street light out in the unincorporated area, please report it to the Highway Department as soon as possible. Thank you for your assistance.

At the Highway Department you will find a Paper Retriever Bin. This bin is yellow and green and is specifically for newspapers and inserts, magazines, catalogs, office/school papers and junk mail. Recycle mail only if you feel comfortable leaving it in the recycling bin.



In addition to the Paper Retriever, the Highway Department has a blue WeSort container specifically for items such as cardboard boxes (cereal, tissue, frozen food), cartons (milk, juice, broth, soup), aluminum, tin and other metal cans, and plastic bottles. See list below.

WeSort RECYCLING
So you don't have to.

RECYCLE HERE		NOT ACCEPTED	
Newspapers	Envelopes	NO Aerosol Cans	NO Ink Cartridges
Catalogs	Aluminum Cans	NO Food	NO Styrofoam
Office Paper	Tin Cans	NO Shredded Paper	NO Electronics
Junk Mail	Plastic Containers	NO Plastic Bags	NO Hazardous Material
Cardboard	Marked #1-#7 (excluding #6)	NO Glass	NO Film Plastic
Magazines	Cartons (Aseptic Packaging)	(Bottles, Jars, Flat)	(Tarps, Wrap, Sheets)
Phone Books			

www.wesortrecycling.com 708-798-1004
Brought to you by HomeWood Disposal Service, Inc.



TRAFFIC SAFETY

With so many possible distractions from driving, please be extra cautious when operating a vehicle. Some drivers all too often fail to come to a complete stop at stop signs or exceed posted speed limits.

Distracted driving isn't just using your cell phone while driving. It's any activity that takes your focus off of driving. Eating, drinking and/or applying make-up while driving can all create a distraction. Please make driving your priority when you are in the driver's seat.

DRIVE CAREFULLY

As the temperature rises, so does the outside activity of children. Please observe all speed limit and caution signs. To report vehicles exceeding posted limits, call the Cook County Sheriff's Police at (708) 865-4700.

811 **Planning to dig? Call J.U.L.I.E. first! 811 or (800) 892-0123**
Know what's below. Call before you

Proper Discharge of Sump Pumps: It is unlawful to discharge any sump pumps onto Township sidewalks or roads. The standing water exacerbates pavement deterioration and creates an ice hazard in winter. Drain hoses should be directed to the natural ditch between homes so water will follow grade.

The Orland Township Health Services department provides quality health services that meet the needs of our residents, focusing on wellness, prevention, education and safety.

For more information about all our services, please call (708) 403-4222.



Health Services Chair Patrick Feldner

ORLAND TOWNSHIP HEALTH SERVICES



Immunization Clinics

Health Services administers vaccines provided through the Vaccines for Children (VFC) program to Orland Township residents, age 18 and under, who are uninsured, underinsured (vaccines not covered under current medical plan), insured by Medicaid Title XIX (19), or are Native American (American Indian/Alaskan Native).

Township children meeting the above requirements are charged a \$10 administration fee per shot. Children residing outside the Township, but who are otherwise eligible, are charged a \$20 administration fee, per shot, that is applied at the time of service. Cash or charge only are accepted.

PLEASE NOTE: Orland Township's Health Services department can no longer accept Medicaid Title XXI (21).

You can visit www.cdc.gov for information about the VFC program and guidelines for eligibility.

Upcoming Clinic Dates

Dates	Times
Saturday, Feb. 1	9 to 11:30 a.m.
Tuesday, March 3	5:30 to 8 p.m.
Saturday, April 4	9 to 11:30 a.m.
Tuesday, May 5	5:30 to 8 p.m.

All clinics are held at the Orland Township office, 14807 S. Ravinia Ave., and are walk-in; no appointment is necessary. A parent or legal guardian must accompany a child unless special arrangements are made with Health Services prior to the clinic. Vaccinations will be administered **ONLY** to those children who bring an up-to-date U.S. immunization record and a Medicaid Title XIX (19) card (if applicable).

Individuals arriving to be vaccinated must eat before attending the clinic.

Adult Immunizations

Vaccines and TB tests for adults are available at Orland Township, by appointment, on Wellness Wednesdays. Please call the Township at (708) 403-4222 to schedule an appointment, or visit orlandtownship.org for information on available adult vaccines and applicable fees.



Wellness Wednesdays

Orland Township's registered nurse is available the second and fourth Wednesday of each month from 8:30 to 11 a.m., by appointment, to provide the following services:

- Free blood pressure screenings
- Total lipid profile cholesterol test* without glucose (\$40 for residents, \$50 for non-residents)
- Total lipid profile cholesterol test* with glucose (\$50 for residents, \$60 for non-residents)
- Glucose screenings for diabetes prevention (\$5 for residents, \$10 for non-residents)
- Adult vaccinations

In coming months, the nurse will be available the following Wednesdays:

- Feb. 12 and 26
- March 11 and 25
- April 8 and 22
- May 13 and 27

*Note on Total Lipid Profile Testing

This simple, 5-minute, finger stick test is a complete cholesterol analysis that measures total cholesterol, triglycerides, LDL (bad cholesterol) and HDL (good cholesterol) levels, and an overall ratio. A 9 to 12-hour fast is required and patients should drink water during their fasting period for optimum results.

Nurses' Closet

Residents needing medical equipment such as wheelchairs, crutches, walkers, shower chairs, and canes can utilize the Nurses' Closet and borrow items at no cost for a 60-day period.



The Nurses' Closet also provides disposable pads and adult incontinence products to residents in need.

This would not be possible without the generosity of all the great residents of Orland Township who donate items. **THANK YOU!**

To donate or borrow medical equipment or supplies, please call (708) 403-4222.

Podiatry Screenings

Free podiatry screenings by Dr. Mark Gagnon are available at the Orland Township office from 9 to 10:30 a.m. on the following Wednesdays in 2020:

- May 20
- Sept. 16

To schedule an appointment, please call (708) 403-4222.



Hearing Screenings

Free hearing screenings (air and bone conduction testing) by South Suburban Hearing Health Center are available at the Orland Township office on the first Wednesday of every month from 1 to 3 p.m.

In the coming months, South Suburban Hearing will have appointments available on the following Wednesdays:

- Feb. 5
- March 4
- April 1
- May 6

Separately, Orland Hearing Aid Center provides free screenings at the Orland Township office on the third Tuesday of every month from 9 to 11 a.m.

In the coming months, Orland Hearing Aid Center will have appointments available on the following Tuesdays:

- Feb. 18
- March 17
- April 21

To schedule an appointment, please call (708) 403-4222. Hearing screenings are open to non-residents for a \$10 fee.



Wellness Program

Orland Township's Wellness Program continues to provide quality services to our residents at the lowest cost. Our medical services are discounted as much as, if not more than, 50% per medical service. To select a participating physician and purchase a voucher for services, please visit the Orland Township office located at 14807 S. Ravinia Ave. Proof of residency is required at the time of voucher purchase. Residents must schedule appointments with the healthcare provider directly. Preventive care is key to the health and well-being of all people. We are truly grateful for the dedicated physicians who participate in this program.

Wellness Voucher Program Fees

Youth Physical Exam (18 or Younger)	\$70
Adult Physical Exam	\$70
<i>*Physical through Palos Medical Group</i>	
Pediatric & Adult Ophthalmology Exam	\$45
Chiropractic Exam	\$45
Dental Screening ONLY	\$15
<i>(Does NOT include cleaning or x-rays)</i>	
Dental Exam and Cleaning	\$50
Dental Exam, Cleaning and Full X-rays	\$100
Routine Podiatry Exam	\$30
Senior Podiatry Exam	\$25

Wellness Program Physicians and Groups

Dr. Megan Allen	Dr. Paul Kirschner	Insight Family Vision Care
Dr. Mark Alles	Dr. Cassie Koutnik	Kirschner Vision Group
Dr. John Canning	Dr. Yi Pang	Orland Eye
Dr. Margaret Cullen-Regan	Dr. David Rocco	Orland Hearing Aid Center
Dr. Gloria Docherty	Dr. James Sanderson	Palos Medical Group
Dr. Mark Gagnon	Dr. Birva Shah	Ridge Dental, Ltd.
Dr. Joseph Gradowski	Dr. Cynthia Sink	Silver Lake Family Dental
Dr. Genine Graff	Dr. Benjamin Ticho	So. Sub. Chiropractic Center
Dr. Mark Grennell	Dr. Wayne Tillman	So. Sub. Hearing Health Center
Dr. Stephen Heaney	Dr. Dimitri Tsoukalas	The Eye Specialists Center
Dr. Richard Holba	Dr. Dawn Tuminello	The Optique
Dr. Ken Kirschner	Dr. Lisa Wilson	

Please note that physical examination wellness vouchers may **not** be used in the case of illness.



Access to Care is a non-profit primary healthcare program for low-income, uninsured and underinsured individuals living in suburban Cook County and northwest Chicago (north of North Avenue and west of Pulaski Road). The Access to Care program is administered by the Suburban Primary Health Care Council.

Access to Care serves those individuals who are not eligible for public health programs (i.e., CountyCare, All Kids, FamilyCare, Medicaid and Medicare). This includes individuals who do not meet the immigration status requirement of being a legal resident for five years or more. It serves individuals with family incomes under 300% of the federal poverty guidelines. It may be used as a supplement to high-deductible insurance plans.

The program is a unique public/private partnership making primary healthcare and the ancillary pharmacy, laboratory and radiology services available to low-income individuals. Access to Care provides affordable diagnosis and treatment for illness to individuals and families for a small co-payment per doctor visit, procedure or prescription medication. Public funding and private providers form the public/private partnership.

Access to Care contracts with local providers throughout Cook County and pays them a discounted rate to provide services. Participating physicians choose the number of patients they will add to their practice. They are nominally compensated.

For more information on Access to Care visit www.accesstocare.org or call (708) 531-0680.

To be eligible for Access to Care, you must:

- Live in suburban Cook County or northwest Chicago (north of North Ave. and west of Pulaski Rd.).
- Have family income of less than 300% of the federal poverty guidelines (\$77,2500 for a family of four).
- Have no health insurance (or a deductible of \$500 or more per person) and be ineligible for Medicare, Medicaid, All Kids or FamilyCare.
- Not be enrolled in CountyCare.

Access to Care provides enrollees with:

- Visits to your assigned Access to Care doctor for \$5.
- Basic lab and X-ray services for \$5 per draw or procedure.
- Prescription medication for \$15 (generic), \$30 (preferred brand) and \$40 (non-preferred brand). Brand name medications are available only at Walgreens.

Those who meet the eligibility requirements and wish to enroll should call the Orland Township office at (708) 403-4222 to schedule an appointment with the Health Services Coordinator.



ORLAND TOWNSHIP HEALTH SERVICES



Sharps Containers

Five-quart sharps containers are available at Orland Township for \$15 each (the price includes disposal fee). In order to use Orland Township's sharps disposal service, you may purchase a container from the Township and return it when full for proper disposal. For a \$10 fee, the Township will dispose of a sharps container purchased elsewhere.

For more information on proper sharps disposal, please visit www.orlandtownship.org.



State of Illinois Disability Parking Placard

Temporary disability parking placards (valid for three months) may be obtained at the Orland Township office. You must bring in a copy of your completed **Persons with Disabilities Certification for Parking Placard/License Plates form** from the Illinois Secretary of State's office and proof of residency to receive a temporary parking placard while waiting for your permanent one to arrive from the state. Those needing a temporary parking placard (valid for up to six months) for a temporary disability **must** obtain those placards from the Secretary of State's office. For more information on disability parking placards, visit www.cyberdriveillinois.com.



Coast2Coast Rx Card

The Coast2Coast Rx Card is a free discount prescription card provided to residents of Orland Township. The program includes U.S. pharmacies and provides annual overall savings of up to 55%. Savings on a single prescription can range from 1% up to 95% off the retail price of the drug.

The card is FREE to use and can be used immediately by any family member. There is no age, income or other exclusion, and there are no forms to fill out. Cardholders save on both brand name and generic drugs – and may save as much as **60% on their dental needs, an average of 10% to 50% on their vision needs, and 35% on their hearing needs, diabetes supplies and lab and imaging tests.**

Simply take the card to one of the 59,000-plus participating pharmacies, including Walgreens, CVS, Costco, Sam's Club, and Target, and the savings start immediately.

Visit www.coast2coastrx.com to print your card, or stop by Orland Township's office, 14807 S. Ravinia Ave., and pick up a card today.

Arabic and Spanish Translators Needed to Assist Health Services



Please Consider Volunteering at Orland Township

The Orland Township Health Services Department is seeking volunteers to translate during monthly immunization clinics.

Volunteers must be 18 years of age or older and be fluent in Arabic and /or Spanish.

Please contact the Township's Health Services Coordinator, Nora Tuzim, at (708) 403-4222 for more information.

Whooping Cough on the Rise

Orland Township Offers the Vaccine to Help Guard Our Community Against this Highly Contagious Respiratory Disease

Neighboring counties have seen an increase in the incidence of pertussis, or whooping cough, over the last two years, according to published reports.

Whooping cough is a highly contagious respiratory disease caused by the bacterium *Bordetella pertussis*, according to the Centers for Disease Control and Prevention (CDC). It is characterized by a severe, hacking cough followed by a high-pitched intake of breath that makes a "whooping" sound. Pertussis can affect people of all ages, but can be very serious, even deadly, for babies younger than a year old.

Adults, especially those who are in regular contact with young children and babies, should check with their health care provider to find out if they need a whooping cough vaccine. The Orland Township Health Services department has the Tdap vaccine, a tetanus booster that includes protection against pertussis (whooping cough) for \$55 (\$60 for non-residents). Residents in need of this vaccine, or other vaccines including flu shots, can make an appointment with the Wellness Wednesday nurse by calling (708) 403-4222.



Nurse's Nook

*Meet Cindy LaPrairie, M.Ed, BSN, RN, PEL-CSN
Orland Township Immunization Clinic Nurse*

Cindy LaPrairie has been a nurse for more than 30 years, the last 18 as the school nurse and wellness coordinator at Victor J. Andrew High School.

"I've actually been with District 230 for more than 20 years because I started as a substitute nurse and then part-time," she recalls. "I've been in the district even longer – I graduated from Sandburg (High School) and so did my four daughters."

Prior to school nursing, Cindy worked as an orthopedic nurse at Hines V.A. Hospital in Maywood, in the Neurological Intensive Care Unit at Advocate Christ Medical Center in Oak Lawn, and as a Cardiac Intensive Care Unit nurse at Advocate Good Samaritan Hospital in Downers Grove.

"I've enjoyed all of my nursing jobs and each one was important and right for that particular time in my life," Cindy says. "I've been very blessed to have this career."

Some might think that after ICU nursing, school nursing would be easier, less daunting. Not necessarily, Cindy says.

"The high school setting has challenged all my knowledge, because you're like an island, working alone and needing to call on your experience, where in the hospital setting you have doctors and other nurses."

"When you become a school nurse, there's a certification," she explains. "There's a course to take, an internship and there's always an exam." In addition to being a registered nurse with her bachelor's in nursing, Cindy has her professional educator license, is a certified school nurse, and has her master's in educational curriculum.

As with most nursing jobs, no two days are the same as a school nurse. "Every day brings its own menu, its own challenge," Cindy says. "From the complex medically fragile students and all the other different needs – mind, body and soul – every day is different and that's one of the things I love about it."

Cindy also enjoys providing creative ways to help faculty improve their health as wellness coordinator. "We have a lot of programs that get faculty involved: yoga, swimming before school, biggest loser contests, partners with pedometers," she says. "We've even had chefs from a local junior college come and demonstrate healthy cooking."

What made Cindy realize she wanted to pursue nursing? "Well, my mom was my biggest role model and she was a nurse," she recalls. "I never had an epiphany, it just seemed like the natural progression after listening to my mom while growing up."

Cindy also counts her father as a role model, especially when it comes to her love of fitness. "I started running in my teens with my dad when he decided to take it up," she recounts. "Here's my dad, a former Marine, who decided to get healthy so he took up running. How inspiring is that to see as a teen?"

Cindy's running led her to run the Chicago Marathon twice and also to coordinate runs at Andrew High School in her capacity as wellness coordinator.

Her love of fitness has been with her almost as long as her love of nursing. "I was actually a group fitness instructor at the old Bally's Health Clubs," she notes. She still enjoys group exercise, participating in classes at Life Time Fitness.

Cindy's friendship with some of the other Township nurses brought her to the immunization clinics. "I've known a few of the other Township nurses for some time – our children went to school together – and they mentioned the Township was looking for someone so I applied," she says. "I've only been here three years; I'm one of the newbies."

Cindy may consider herself a Township rookie, but she has made quite the impression.

"Cindy is one of the kindest, most genuine people I have ever met," says Nora Tuzim, Township Health Services Coordinator. "She puts a smile on everyone's face with the positive energy she brings to the Township's immunization clinics. She is truly a joy to be around."

Cindy is planning to retire from Andrew High School at the end of this school year. Her plans for retirement? "Well, one of my daughters is getting married in June so that is the main focus right now, but then I plan to travel." Asked if she has a "bucket list" trip, Cindy answers, "Budapest and Prague," as she pulls a brochure out of her purse. "I just started looking at it!"

Patients at the Township's monthly immunization clinics need not worry – though she is retiring, Cindy will remain at the clinics administering vaccines. So, look for her if you're at one of the Township's immunization clinics and maybe she will distract you from your shots with stories from her latest travel adventure.

Orland Township's Annual SENIOR Health FAIR

TUESDAY, MAY 5, 2020
9 AM-NOON
ORLAND TOWNSHIP, 14807 S. RAVINIA AVE.
ORLAND PARK

Save the Date!

SPONSORED BY ORLAND TOWNSHIP SUPERVISOR PAUL O'GRADY & THE BOARD OF TRUSTEES

ORLAND TOWNSHIP CLASS SCHEDULE



Trustee Antonio Rubino

Orland Township offers a variety of classes to improve and maintain residents' overall health and fitness while appealing to a wide range of interests.

Classes are held in a safe environment with certified instructors trained to recognize the needs of each individual. These instructors are available, through the Township office, to answer any questions or concerns.

FUN & FITNESS

Joins in Motion

The Arthritis Foundation exercise program, Joins in Motion, is an exercise program designed to help individuals living with arthritis enjoy a more active lifestyle while improving their health. Joins in Motion is intended to assist individuals who have joint and/or muscle problems achieve improved joint mobility, muscle strength and endurance.

Exercises are done while sitting in a chair or standing and classes are led by an instructor certified by the Arthritis Foundation.

Joins in Motion Classes

Session I:

Mondays, Jan. 6 to April 13 from 10:30 to 11:30 a.m.

(Please note – there is no class on the following Mondays: Feb. 17, March 2, March 9 and March 16)

Wednesdays, Jan. 8 to April 1 from 2:30 to 3:30 p.m.

(Please note – there is no class on the following Wednesdays: March 4, March 11 and March 18)

Session II:

Mondays, May 4 to July 27 from 10:30 to 11:30 a.m.

(Please note – there is no class on the following Mondays: May 11 and May 25)

Wednesdays, May 6 to July 22 from 2:30 to 3:30 p.m.

(Please note – there is no class on the following Wednesdays, May 13 and July 1)

Registration Date & Time

Registration for Session I now open.

Registration for Session II begins Monday, April 13 at 8 a.m.

Line Dancing

Grab your dancing shoes and get moving with Orland Township's line dancing class! This beginner class will teach basic dance steps and build them into some of today's popular line dances. All are welcome to join this beginner class and learn or refresh their line dancing skills.

Line Dancing Session Fee

6 weeks – \$30 (\$40 non-residents)

Line Dancing Classes

Mondays, April 6 to June 8 from noon to 1:30 p.m.

(Please note – there is no class on the following Mondays: April 27, May 11 and May 25)

Registration Date & Time

Registration begins Monday, Feb. 24 at 8 a.m.



Strong & Fit

This class of simple movements and light weight lifting will increase your strength, improve bone density, and enhance your mood – the three components to slowing down the aging process and living a healthier life. Participants should bring a mat and a set of either 1lb to 5lb weights. Class will be led by certified instructor Barbara Cachey. For more information, please call (708) 403-4222.

Strong & Fit Session Fee

8 weeks – \$40 (\$50 non-residents)

Strong & Fit Classes

Wednesdays, April 1 to May 27 from 3:45 to 4:30 p.m.

(Please note – there is no class on Wednesday, May 13)

Registration Date & Time

Registration begins Monday, Feb. 24 at 8 a.m.

Tai Chi

Tai Chi is a great form of exercise that reduces stress while strengthening your muscles. The graceful, slow speed of the class, coupled with an emphasis on deep breathing and mental focus, creates balance, flexibility and calmness. This "meditation in motion" relieves stress and allows for the integration of mind and body. Tai Chi also is known to strengthen the immune system and help with arthritis, high blood pressure and osteoporosis. This class has many mental and physical health benefits. Certified instructor and Tai Chi master, Sam Johnson, offers Tai Chi at the Township office. For more information, please call (708) 403-4222.

Tai Chi 8-Week Session Fees

One Day a Week – \$30 (\$40 non-residents)

Two Days a Week – \$60 (\$80 non-residents)

Tai Chi Classes

Mondays, April 6 to June 8 from, 9 to 10 a.m.

(Please note – there will be no class on the following Mondays: May 11 and May 25)

Fridays, March 20 to May 22, from 3 to 4 p.m.

(Please note – there will be no class on the following Fridays: April 10 and May 8)

Registration Dates & Times

Registration begins Monday, Feb. 24 at 8 a.m.

Yoga

A number of studies show that yoga may help reduce stress and anxiety, but more importantly reduce the risk of chronic conditions such as heart disease and high blood pressure. Yoga also can help you maintain your mental clarity and increase your energy level, improve sleep, balance and strength. Yoga classes are led by certified instructor Barbara Cachey. For more information, please call (708) 403-4222.

Yoga Session Fee

8 weeks – \$48 (\$53 non-residents)

Yoga Classes

Tuesdays, March 31 to June 2 from 4 to 5 p.m.

(Please note – there will be no class on the following Tuesdays: May 5 and May 12)

Registration Dates & Times

Registration begins Monday, Feb. 24 at 8 a.m.



Chair Yoga

Chair Yoga offers all the wonderful benefits of traditional yoga without having to move up and down off the floor. There are NO FLOOR exercises in this class. Chair Yoga uses soft and gentle stretching with yoga poses that are supportive and beneficial. Chair Yoga is very easy and relaxing, yet it will improve your strength, flexibility, proprioception (knowing where your body is in space), reduce your stress, improve your mental clarity, help with pain management, and improve your overall well-being. Classes are led by certified yoga instructor Barb Cachey. For more information, please call (708) 403-4222.

Chair Yoga Session Fee

8 weeks – \$48 (\$53 non-residents)

Chair Yoga Classes

Thursdays, April 2 to May 21 from 3:45 to 4:30 p.m.

Registration Dates & Times

Registration begins Monday, Feb. 24 at 8 a.m.

Exercise Refund Policy: Refunds will be provided only with presentation of a doctor's note, which must be received before the session ends.

**Orland Park Area Chamber of Commerce Welcomes
Officers and Directors**



The Orland Park Area Chamber of Commerce Board installed 2020 officers and directors at a January gala at Elements by the Odyssey. The Chamber welcomed:

President Raymond Klosowski of Mueller & Co., LLP
 President-Elect Joyce Bibeau of Kerry Funeral Home
 Vice President Panorea Bakutis of Pearson
 Treasurer Meghan Preston of Delaney, Delaney & Voorn, Ltd.
 Secretary Adam Czerwinski of Sidebar Insurance Solutions, Inc.
 Immediate Past President Michael Hardek of First Secure Bank & Trust

In addition, three directors added in mid-2019 – Amy Coghill of Silver Lake Country Club, Adam Czerwinski of Sidebar Insurance Solutions, Inc., and Bob Feldman of Nothing Bundt Cakes – and one new director, Roy Crews of Angels Among Us, were installed.

Save the Date for Upcoming Chamber Events

SAVE THE DATE: APRIL NETWORKING
 Join us for networking with area businesswomen, education and shopping at vendor booths at the Orland Women Networking (OWN) Luncheon on Thursday, April 23, from 10 a.m. to 1:30 p.m., at Gaelic Park, 6119 W. 147th St., Oak Forest. For vendor or sponsorship information, contact the Chamber at (708) 349-2972 or visit orlandparkchamber.org.

SAVE THE DATE: JUNE GOLF OUTING
 Join the PAR-TEE at our Golf Outing on Thursday, June 18 at Silver Lake Country Club in Orland Park. A portion of the Golf Outing proceeds benefits the Chamber's Scholarship Program.

About the Orland Park Area Chamber of Commerce – Celebrating 62 Years
 Established as a not-for-profit corporation in 1958, the Orland Park Area Chamber of Commerce is the primary resource to help business grow and prosper in the community. Its more than 500 members include a diverse mix of retail, commercial and home-based businesses, and social, religious and governmental organizations. The Chamber office is located at 8799 W 151st Street in Orland Park.

**Aluminum
Can Drive**



Cans = Cash for the Orland Township Pet Pantry
 Help Orland Township maintain the Pet Pantry by collecting your aluminum cans (beverage cans only; no food cans, please) and dropping them off at the Township office, 14807 S. Ravinia Ave., Orland Park.

"Together We Can" help residents in need continue to care for their four-legged family members. Pet food, pet supplies and monetary donations are always welcome.
 Questions? Call Orland Township at (708) 403-4222.
TOGETHER WE CAN!!!



our caps YOUR CAUSE Benefit Orland Township Food Pantry

How to help:

1. Begin by purchasing Prairie Farms milk or iced coffee in gallon or half gallon sizes.
2. Peel off the Prairie Farms cap sticker to reveal a unique, redeemable code.
3. Go to www.prairiefarms.com/ourcapsyourcause/
4. Click Redeem Codes Now
5. Select a category; click Food Banks; select Orland Township Food Pantry Foundation
6. Enter cap codes, and donate!

All exercise classes are held in the Orland Township Activity Center, 14807 S. Ravinia Ave., unless otherwise noted. For more information on any of the classes listed, please call (708) 403-4222.



ORLAND TOWNSHIP CLASS SCHEDULE

MENTAL AWARENESS



Ageless Grace

This popular, cutting-edge brain fitness program is designed for all ages and abilities. Ageless Grace works on re-opening the neural pathways that were created during the first 21 years of your life. These anti-aging exercises are based on everyday movements that are natural and organic. They focus on techniques such as joint mobility, spinal flexibility, right-left brain coordination, kinesthetic learning, cognitive function, systemic health, balance, self-esteem, and confidence. All exercises are done while seated in a chair. Your body and brain will feel better after taking this class. Classes are led by Patrice Leeson, a certified Ageless Grace instructor. For more information, please call (708) 403-4222.

Ageless Grace Session Fee
8 weeks – \$48 (\$53 non-residents)

Ageless Grace Classes
Thursdays, March 19 to May 14 from 9 to 9:45 a.m.
(Please note – there is no class on Thursday, April 9)

Registration Date & Time
Registration begins Monday, Feb. 3 at 8 a.m.

Dakim BrainFitness Class

Orland Township offers Dakim BrainFitness – the only clinically tested brain fitness software designed specifically for active adults over the age of 60. Improve your memory, focus and concentration while fighting the threat of cognitive decline in just 20 minutes a day. Interactive games and integrated mind exercises will help you strengthen your brain and improve your overall cognitive performance. It's never too early or too late to begin a brain fitness program and now you can – in the Orland Township Technology Center.



This free, self-guided class is available at Orland Township, 14807 S. Ravinia Ave. Thirty-minute slots are available on Mondays, Tuesdays and Thursdays between 9 a.m. and 2 p.m. Call the Township at (708) 403-4222 to reserve your space.

Meditation

Meditation is the process of quieting the mind to engage in concentrated focus on a particular sound, memory or feeling. Regular meditation can help lower stress levels which, in turn, has a positive effect on the mind and body. Join Dr. Thomas C. McGarrity as he serves as a travel guide to self-discovery. Dr. McGarrity, who has led guided meditation classes for more than a decade, will lead the class to a deep meditative place, utilizing visualization techniques to find and feel the divine power that resides within. Those who have participated in Dr. McGarrity's class speak of going to a place of deep calm and spiritual restoration. For more information, please call (708) 403-4222.

Meditation Session Fee
8 weeks: \$45 (\$50 non-residents)

Meditation Classes
Thursdays, March 19 to May 7, from 10:15 to 11:15 a.m.

Registration Dates & Times
Registration begins Monday, Feb. 24 at 8 a.m.



WELLNESS

CPR

Orland Township Health Services and the Orland Fire Protection District have partnered to bring free CPR, AED, and choking education classes to the residents of Orland Township. Adult classes are available for individuals ages 16 to 54 and seniors age 55 and older. *Classes are held at the Township office, 14807 S. Ravinia Ave.*

Senior CPR
Tuesday, March 10 at 1 p.m.

Adult CPR
Thursday, March 12 at 6 p.m.



CPR AED & Safety Education
"Just in CASE you need to save a life"

CPR classes are free of charge but registration is required. Call (708) 403-4222 to reserve your space.

Additional classes, including healthcare provider CPR, which includes a certification card, are held monthly at the fire department's Station 3. Dates and times can be found at www.orlandfire.org.



Health Coaching

Do you want to start living a healthier lifestyle but don't know where to start? Make an appointment with Orland Township's Health Coach. You will meet privately with board-certified health and wellness coach and weight management specialist Lynn Kata.

During your one-on-one sessions with Lynn, you will discuss your current health status and create an action plan to achieve your goals. Lynn will teach you to eat better without extreme diets or quick-fix shakes, move better without dreaded gyms and difficult exercises, lose weight regardless of how many times you have tried, and, most importantly, feel great. For more information or to schedule a meeting with Lynn, please call (708) 403-4222.

Health Coaching Fee
\$35 (30-minute meeting)

Registration Date & Time
Registration for Health Coaching is open anytime. Please call Orland Township at (708) 403-4222 to schedule your one-on-one meeting with Lynn.



SENIOR DRIVING

"Rules of the Road"

This is a review test for seniors required to take the written or driving test in order to renew their driver's licenses. This **FREE** class is offered four times a year, from 1:30 to 3:30 p.m. on the following Mondays:

- April 27
- June 22
- Aug. 24
- Nov. 23

Drivers' Safety Class

This two-day class is designed to help older drivers improve their skills and safety behind the wheel. Course completion may qualify participants for a discount on the liability portion of their automobile insurance.

The class is held in the Orland Township Board Room, 14807 S. Ravinia Ave. The fee is \$15 for AARP members (\$20 for non-members) and is payable to the instructor on the first day of class.

The following two-day sessions (participants must attend both days of the two-day session) will be held in 2020, from noon to 4 p.m. each day:

- Wednesday, Feb. 19 and Thursday, Feb. 20
- Thursday, April 2 and Friday, April 3
- Wednesday, June 3 and Thursday, June 4
- Thursday, Sept. 10 and Friday, Sept. 11*
- Wednesday, Oct. 7 and Thursday, Oct. 8

**Please note – beginning with the September session, AARP will increase the fee to \$20 for AARP members and \$25 for non-members.*

Registration is required for both classes. Please call Orland Township at (708) 403-4222 to register or for additional information.



Hi! I'm Kimmie. They tell me I'm a terrier mix and about one year old. I'm from another shelter that asked my mom to foster me. I'm not sure what foster means but I live with some other canine brothers and sisters – not in a cage. Mom made me take some training since I was too particular in choosing my friends. Just give me some treats and I'll be your friend. I love to curl up on my mom's lap even when she is working on her computer. I'm not a barker but I will let you know if I hear something. I prefer a quiet house without kids. Please give me a chance. If you would like to meet me, contact P.A.W.S. and my mom will arrange a visit.



P.A.W.S.
PEOPLES ANIMAL WELFARE SOCIETY OF TINLEY PARK
815.464.7298
8301 W. 191ST Street
Tinley Park, IL 60487
www.pawstinleypark.org



LITTER FOR GOOD

Join the Cat's Pride Club to nominate Orland Township's Pet Pantry. Every nomination will help Orland Township's Pet Pantry receive cat litter for the cats in the Township.

1. Go to catspride.com
2. Click "Litter for Good"
3. Click "Nominate a Shelter"
4. Sign up with your name and email
5. Click "Nominate"
6. Enter "60462" in search bar
7. Choose "Orland Township Pet Pantry" to nominate



You can also participate by purchasing a green jug of litter and entering the promo code from the jug on the website.

The Orland Township Senior Services department produces supportive services and programs to help the seniors of our community remain active and healthy, improve their overall health and well-being and stay independent.



Senior Services Chair Maria Sanfilippo

ORLAND TOWNSHIP SENIOR SERVICES

SENIOR PROGRAMS

Senior Program Registration Information

Senior residents are encouraged to register with Orland Township to receive a permanent identification number. Identification numbers are used to purchase event tickets, utilize senior transportation services and keep updated emergency contact information on file with the Township. There is no cost to register. Proof of residency is required.

Senior Health Insurance Program

Orland Township offers a **FREE** Senior Health Insurance Program (SHIP) to assist seniors in understanding their Medicare and Medicare Part D Prescription Drug Coverage.

Township counselors are trained and certified by the Illinois Department of Insurance and will provide accurate and objective one-on-one counseling sessions. They are not affiliated with any insurance company and will not try to sell or solicit any type of insurance. They will answer questions about Medicare and Medicare Supplemental Insurance and help individuals understand their claims and statements.

Call (708) 403-4222 to schedule an appointment with a SHIP counselor.

Diabetic Shoe Program

Orland Township, in conjunction with AD Medical, Inc., sponsors a diabetic shoe program for individuals living with diabetes. Individuals who qualify will be professionally fitted for proper shoes and/or insoles.

To qualify for the program, one must be under a physician's comprehensive care plan for diabetes and that doctor must sign a certification statement. Therapeutic shoe programs are covered by Medicare, Medicaid and most PPOs; check your policy for details. For more information on the Diabetic Shoe Program, contact the Township at (708) 403-4222.

Five Wishes Program

Five Wishes is a living will that allows individuals to specify their medical, personal, emotional and spiritual needs should they become incapacitated. It also allows individuals to choose who will make healthcare decisions on their behalf if they are unable to make those decisions themselves.

Written with the assistance of the American Bar Association, the Five Wishes Program is a simple form to complete and, once signed, is legally valid in Illinois. For more information on the Five Wishes Program, contact the Township at (708) 403-4222.

Home Repair Program

Are you unsure of how to find someone to hire to handle your minor home improvement project or repair? Orland Township has compiled a list of local, professional handymen and their specialties to aid in your search. The individuals and companies on the Home Repair program are not affiliated with or endorsed by Orland Township, but they are all licensed, bonded and insured. Contact the Township office at (708) 403-4222 for more information.



Movie Day

It's show time! Sit back, relax and enjoy a movie in the Orland Township Boardroom. Freshly popped popcorn and refreshments are served during each movie.



All shows **begin at noon at Orland Township, 14807 S. Ravinia Ave.** Shows are free, but reservations are required.

Show: "Yesterday"
Date: Thursday, Feb. 13

Show: "Toy Story 4"
Date: Thursday, March 26

Show: "Poms"
Date: Thursday, April 16

Show: "Downton Abbey"
Date: Thursday, May 21

Orland Township Gift Certificates

Need a gift for someone special? Orland Township sells gift certificates that can be used toward the purchase of trips, dinner dance and luncheon tickets, or any other event or class sponsored by the Township. For more information, contact Senior Services Coordinator Marie Ryan at (708) 403-4222.

SENIOR PHONE PROGRAMS

Free Amplified Phone Program



The Illinois Telecommunications Access Corporation (ITAC), as part of a mandated program, provides free amplified telephones to those who qualify. To be eligible, you must be a resident of Illinois, have active phone service (home, cellular, pre-paid) and have a physician certification stating you are unable to use standard phone services. There are no age or income requirements.

Cell Phones for Seniors Program



Orland Township, in partnership with Cook County Sheriff Tom Dart's office, sponsors the Cell Phones for Seniors program. This program provides seniors with free cell phones that are programmed for emergency use only. There is no service plan with the phones; they can only be used to dial 911.

Applications for both phone programs are available at the Township office.

SENIOR ACTIVITIES

Senior Drop-In Center

Orland Township opens its Activity Center twice a week for seniors to "drop-in" and make new friends, socialize, play cards and bingo. During Drop-In, seniors are treated to refreshments (and the occasional light lunch) courtesy of the Township.

Senior Drop-In is Wednesdays and Fridays from 9 a.m. to 2 p.m. in the Orland Township Activity Center, 14807 S. Ravinia Ave.

***Please note: There is no Senior Drop-In from Monday, March 2 through Tuesday, March 17 due to the Township's Activity Center being used as an early voting site for the primary election.**

Senior Reading Program



Need a reason to pick up and read a good book? Studies have shown that regular reading can help preserve mental faculties, enabling people to live independently longer. To help seniors begin or maintain a good reading habit, Orland Township has partnered with the Orland Park Library. Two weeks a month, library personnel will join Senior Drop-In from 9:30 to 11:30 a.m. to provide seniors with the opportunity to sign up for library cards, and borrow books and DVDs. Upcoming dates are:

Feb. 12, 14, 26 and 28
March 11, 13, 25 and 27
April 8, 10, 22 and 24

Senior Advisory Council

The Orland Township Senior Advisory Council serves as a citizens' board that makes recommendations to the Orland Township Board of Trustees regarding senior programs and services. Delegates from local community organizations and senior groups are invited to attend. For meeting dates and times and additional information, please call (708) 403-4222.

Knit One, Purl Two

Gather your yarn, knitting needles, crochet hooks and come meet the Orland Township Knitting Club for an afternoon of knitting and crocheting at Orland Township. All levels of experience are welcome and everyone is encouraged to work at their own pace. There is no cost to join, but you must bring all of your own supplies. The Knitting Club meets on Tuesdays from 1 to 2:30 p.m. in the Orland Township Activity Center.

Silver Tones

Do you have an appreciation for music and enjoy singing your favorite tunes? Come and check out Orland Township's senior choir, the Silver Tones! Join Choir Director John Barbush as he leads our singing seniors through a variety of vocal exercises and songs to prepare for performances at Orland Township and other events throughout the surrounding communities. There is no cost to join the Silver Tones and all singing levels are welcome. The Silver Tones meet on Tuesdays from 2:30 to 3:30 p.m. in the Orland Township Activity Center.



Orland Township Participating in Drug Take Back Program

Safely Dispose of Unwanted Medications in Pill or Dry Form

Orland Township Supervisor Paul O'Grady is proud to partner with the Cook County Sheriff's Office and provide a site for the Prescription Drug Take Back Program.

Do you have old, expired or unwanted medications in your home and do not know how to dispose of them? Bring them to Orland Township and place them in the secure drop box, located behind the reception desk in the main lobby, for proper disposal by the Cook County Sheriff's Office.

There is no fee to use the drop box but some restrictions do apply. Medications can be placed in the drop box, in or out of their original containers, but can only be in pill or dry form. Liquids and syringes will not be accepted. Please use Orland Township sharps containers to dispose of used syringes (see page 7 for information). Please visit the U.S. Food and Drug Administration's website, fda.gov, for information on proper disposal of liquid medications.

Residents who are homebound can contact the Cook County Sheriff's Office at 1-84-GOT USD RX (1-844-688-7379) to request a free, pre-paid, pre-labeled envelope to mail their unwanted pill and dry medications directly to the Sheriff's Office for disposal.

Supervisor Paul O'Grady demonstrates how easy it now is for residents to dispose of unwanted medications at Orland Township. This secure drug drop box is located inside the Township's Administration Building, 14807 S. Ravinia Ave., behind the front desk in the main lobby. It is accessible to residents during the Township's regular business hours, Monday through Friday, 8 a.m. to 4:30 p.m.; Tuesday 8 a.m. to 6 p.m.



ORLAND TOWNSHIP SENIOR SERVICES



SENIOR LUNCHEONS & DINNER DANCES

Throughout the year, Orland Township hosts luncheons and dinner dances for seniors. Luncheons consist of a hot catered meal from a local restaurant while dinners are served family-style. Both feature fantastic live performances with the opportunity to meet and socialize with new and old friends.

Tickets for events go on sale at 8 a.m. on the date specified and are sold on a first come, first served basis. Luncheon tickets are limited to two per person; dinner dance tickets are limited to 10 per person. All tickets are non-transferable.

In the event of a cancellation, a full refund will be given prior to the refund deadline on the ticket. After the deadline, refunds will be given only if the ticket can be resold to an individual on the waiting list.

Orland Township encourages seniors to participate in these cost-effective and enjoyable events!

SENIOR LUNCHEONS

February Luncheon

Join Orland Township for a senior luncheon provided by Frankie's Catering. The menu will include lasagna, Italian sausage, Italian potatoes, tossed salad, fresh green beans, French bread and butter. James Libera will perform music from your favorite artists including Frank Sinatra, Michael Bubl , Justin Timberlake, Josh Groban, Elton John and Neil Diamond. Libera's enchanting voice and charisma will have you captivated throughout his entire performance.

Place: Orland Township, 14807 S. Ravinia Ave.
Date: Tuesday, Feb. 4
Time: 11:30 a.m. to 2 p.m. (Doors Open at 10 a.m.)
Fee: \$10 / Residents Only (On Sale Now)

March Luncheon

Join Orland Township for our St. Patrick's / St. Joseph's celebration! Guests will enjoy Winston's traditional Irish menu of corned beef and cabbage, parslid potatoes, carrots, rye bread, dessert, and a beverage. Kara and Gerry Eady will entertain you with Irish ballads and nostalgic songs from the past.

Place: Orland Township, 14807 S. Ravinia Ave.
Date: Thursday, March 19
Time: 11:30 a.m. to 2 p.m. (Doors Open at 10 a.m.)
Fee: \$10 / Residents Only (On Sale Now)



SENIOR DINNER DANCES

Motown Dinner Dance

Orland Township is proud to present the music of Motown by the Michael Walters Band! Fresh from their triumphant performances, the Michael Walters Band's "Motown Show" will be a night to remember! After enjoying a delicious meal from the Orland Chateau, get your groove on, dancing to all your Motown favorites, including hits by James Brown, Al Green, Smoky Robinson, Aretha Franklin, Diana Ross and others.

Place: Orland Chateau, 14500 S. LaGrange Rd., Orland Park
Date: Thursday, March 5
Time: 5 to 10 p.m.
Fee: \$22 / Residents (On Sale Now)
 \$27 / Non-Residents (On Sale Now)



Curb-to-Curb Senior Transportation

Orland Township provides curb-to-curb transportation service for Township seniors, 55 and older. Rides to shopping areas, senior centers, restaurants, nursing homes, libraries and service providers, or for home-to-home visits, are available within Orland Township boundaries. Transportation to doctor appointments may extend beyond Township boundaries.

Rides are available from 8:15 a.m. to 4 p.m. Monday through Friday. A one-way ride within the Township is \$3 and a one-way ride outside of the Township is \$5. Due to current economic conditions, Orland Township is able to make special financial accommodations for seniors in need.

To schedule a ride, please call (708) 403-4222 between 9 a.m. and 3 p.m. Monday through Friday.



**Coming
Soon!**

Senior Citizen Law Enforcement Academy

Orland Township Supervisor Paul O'Grady and Cook County Sheriff Tom Dart invite senior citizens interested in law enforcement matters and crime awareness to enroll in the Senior Citizen Law Enforcement Academy that will be held at Orland Township, 14807 S. Ravinia Ave., beginning Tuesday, May 19.

The Senior Academy is designed to open lines of communication between senior citizens and law enforcement officials. Participants will gain a better understanding of the responsibilities and duties of law enforcement as well as receive advice on personal safety and crime prevention.

Cook County Sheriff's officials present the six-session academy. Each speaker provides pertinent information on an array of topics, including crimes against seniors, gang and drug awareness, understanding crime scene processing and fundamentals of an investigation, as well as an overview of the Cook County criminal justice system.

The academy classes will meet from 10 a.m. to noon each Tuesday from May 19 through June 23. The last session, on June 23, will include a graduation ceremony where participants will receive Certificates of Completion.

The academy is offered free of charge to all seniors living in Cook County. Space is limited so participants must pre-register for the academy. For more information or to register, please call the Township at (708) 403-4222.

ORLAND TOWNSHIP SENIOR SERVICES



SENIOR TRIPS

Orland Township offers a variety of day and overnight trips, which are cost effective and enjoyable and appeal to diverse interests and expectations.

Trip escorts are provided by Orland Township. All escorts should be made aware of any medical conditions that participants may have. In the event of an emergency, trip escorts will arrange for transportation to the local health facility but must remain with the group unless a participant is traveling alone.

All participants are required to provide an alternate emergency contact name and phone number upon ticket purchase. Orland Township requests that all travelers keep important medication and health information with them at all times.

Trip tickets go on sale at 8 a.m. on the date specified and are sold on a first come, first served basis. All tickets purchased include deluxe motor coach reserved seating, are limited to two per person, and are non-transferable. Refunds will not be given but trip insurance is available.

Buses will leave from the north side of 151st Street directly between Bank Financial and Robert Morris College.

'Guys and Dolls' at the Fireside Dinner Theatre

One of Broadway's hottest shows is back! This new production of the immortal Broadway fable is a colorful and hilarious adaptation of Damon Runyon's beloved stories about some of the most unforgettable characters to ever walk across a stage, such as Liver Lips Louie, Nicely-Nicely Johnson, Nathan Detroit, Miss Adelaide, Society Max and Big Jule. The fabulous musical score features memorable songs such as "Luck Be a Lady," "If I Were a Bell," "A Bushel and a Peck," and the show-stopping hit "Sit Down, You're Rockin' the Boat." This blockbuster is the winner of seven Tony Awards, including Best Musical and Best Revival.

Guests will enjoy a delicious lunch, starting with cream of shiitake mushroom soup and fresh baked breads. The main course will feature chicken and ribs: skinless chicken breast dipped in egg batter, rolled in bread crumbs and sautéed to a golden brown with lean pork ribs glazed with the Fireside's special barbecue sauce and roasted until the tender meat falls from the bone. Served with Monterey jack macaroni and cheese topped with seasoned bread crumbs and fresh roasted vegetables. The meal will end with Mindy's cheesecake: a light and creamy homemade cheesecake topped with strawberries, served with coffee, tea and milk.

Place: Fort Atkinson, Wis.
Date: Thursday, March 12
Time: 7:30 a.m. to 7:30 p.m.
Fee: \$100 / Residents (On Sale Now)
\$105 / Non-Residents (On Sale Now)

'What Happens in Vegas' at the Fireside Theatre

For over 70 years, Las Vegas has been the entertainment capital of the world with the world's best singers, dancers, musicians and comedians flocking to perform in the city where dreams become reality. The Fireside pays tribute to many of those legendary performers in an all new show featuring Steve Watts and the celebrated Fireside Band. From the early days of Frank Sinatra and the Rat Pack to the contemporary artists of today, the show will feature the work of many Las Vegas favorites in the most spectacular band show yet. What happens in Vegas won't stay in Vegas – it will be there for all to see and enjoy on the stage of The Fireside.

Guests will enjoy a delicious Fireside meal that will begin with fresh summer salad (raspberries, mangoes, candied pecans, and Sartori's Montmore cheddar cheese on a bed of arugula and kale glazed with raspberry vinaigrette) and fresh baked breads. The main course will consist of Reuben chicken (skinless chicken breast dipped in egg, lightly breaded and sautéed to a golden brown, topped with Reuben pâté with corned beef, sauerkraut, and Jarlsberg swiss cheese, resting on a garlic cream sauce). Served with Yukon gold potato wedges and green beans with Parisian carrots. Dessert will be lemonade cake (refreshingly rich lemon cake garnished with strawberry sauce and topped with fresh whipped cream). Served with coffee, tea and milk.

Place: Fort Atkinson, Wis.
Date: Thursday, June 4
Time: 7:30 a.m. to 7:30 p.m.
Fee: \$100 / Residents (On Sale Feb. 27)
\$105 / Non-Residents (On Sale Feb. 28)



The Luck of the Irish Milwaukee



Immerse yourself in Milwaukee's Irish culture and be a part of the 40th Anniversary of Milwaukee's Irish Fest on this weekend trip with Orland Township! We will enjoy non-stop entertainment, including Irish dancers, bands, sports and cultural exhibits, at Milwaukee's Irish Fest. Held at the Henry Maier Festival Park on the lakefront, Milwaukee's Irish Fest is known as the world's largest celebration of Celtic Culture.

Kay Collins, Milwaukee's resident Irish heritage expert, will serve as our tour guide as we learn about the Irish and Scottish immigrants who settled in the area and influenced the making of Milwaukee. Our tour will include stops at specialty shops, and of course, several Irish pubs.

Overnight accommodations will be at the luxurious Potawatomi Hotel and Casino. As one of the largest entertainment destinations in the Midwest, you'll be able to test your luck of the Irish in the casino, enjoy live entertainment, and take in the beautiful views of downtown Milwaukee from the many bars and restaurants in the hotel.

Price per person includes two nights of accommodations at the Potawatomi Hotel and Casino, six meals (two breakfasts, three lunches, one dinner), admission to Irish Fest, and the step-on bus tour of Milwaukee with tour amenities.

Space is limited and this trip is sure to sell out quickly. For more information, contact Marie Ryan at (708) 403-4222.

Place: Milwaukee, Wis.
Date: Friday, Aug. 14 to Sunday, Aug. 16
Time: Departure 8 a.m.
Return TBA
Fee: \$569 Single Occupancy
\$444 Per Person Double Occupancy
\$419 Per Person Triple Occupancy
\$369 Per Person Quad Occupancy
(On Sale March 16; Add \$5 for Non-Residents)



Tour Vermont with Orland Township

Join Orland Township for a fun-filled week in beautiful Vermont! The trip will include tours that will introduce guests to many of the northeastern state's favorites, including Vermont maple syrup, fresh apple cider and Ben & Jerry's Ice Cream.

Guests also will visit the unique Shelburne Museum with a campus spanning 45 acres and including 39 historic buildings; see the world's largest granite quarry; enjoy a relaxing dinner cruise on beautiful Lake Champlain; and more. Included in the package is deluxe motor coach transportation, six nights of lodging including four consecutive nights in Vermont, and 10 meals (six breakfasts and four dinners).

Trip highlights include:

- ◇ **Shelburne Museum** – 39 historic buildings that include a schoolhouse, jail, lighthouse, barns and a 220-foot steamboat. The museum's collection comprises more than 150,000 items including circus pieces, toys, carriages, vehicles, furniture and more.
- ◇ **Burlington's Church Street Marketplace** – an award-winning, open-air mall with more than 100 places to shop and dine.
- ◇ Scenic dinner cruise on beautiful Lake Champlain
- ◇ **Rock of Ages Granite Quarry**, the world's largest granite quarry
- ◇ Tour of Montpelier, state capital of Vermont
- ◇ **Morse Farm Sugar Works** where guests will learn how real Vermont maple syrup is made and experience "sugar on snow"
- ◇ **Cold Hollow Cider Mill**, one of New England's leading producers of fresh apple cider
- ◇ Stowe Village, a charming mountain town
- ◇ **Ben & Jerry's Ice Cream factory**, where the tour will include the complete ice cream making process



This trip is bound to sell out quickly! For more information, please contact Senior Services Coordinator Marie Ryan at (708) 403-4222.

Place: Vermont
Date: Sunday, Sept. 20 to Saturday, Sept. 26
Time: Departure 8 a.m.
Return TBD
Fee: \$959 Per Person, Double Occupancy
\$1,394 Per Person, Single Occupancy
(Tickets on Sale Feb. 3)



The Orland Township Food Pantry, located at 14807 S. Ravinia Ave., provides emergency food supplies to residents in need of immediate assistance. After completing a brief application, recipients leave with bags of non-perishable items, frozen and refrigerated food, and bakery goods.

Hours of Operation: Monday through Friday 9 a.m. to 4 p.m.



Anita Morgan, Mike Phelan and Marge Phelan volunteer in the Orland Township Food Pantry once a week.

ORLAND TOWNSHIP FOOD PANTRY

Spring Holiday Basket Donations

Spring Holiday Baskets may be donated to the Food Pantry, where they will be distributed to local low-income families. Starting Tuesday, March 10, baskets may be dropped off at the Orland Township office, 14807 S. Ravinia Ave., during normal business hours, 9 a.m. to 4 p.m. Monday through Friday. The final day for drop off is Tuesday, March 31.

Please label each basket "boy" or "girl" along with age. Community service hours will be provided to those who assist with this program. (For every basket collected, one hour of community service will be provided. Please check with your school to confirm eligibility.) Up to five baskets will be accepted from each student.

For guidelines and additional information, please call Orland Township at (708) 403-4222.

Support the Orland Township Pet Pantry

Help keep the Pet Pantry shelves filled! Please consider donating **cat food and kitty litter** for area families in need of assistance.



The Orland Township Pet Pantry, overseen by Supervisor Paul O'Grady, provides food and supplies for local pets and families. The Pet Pantry, in conjunction with the Orland Township Food Pantry, is available Monday through Friday from 9 a.m. to 4 p.m.



Mark Your Calendar for Support the Food Pantry While Shopping on Amazon

Every second Saturday in May, letter carriers in more than 10,000 cities and towns across America participate in the largest one-day food drive in the nation: Stamp Out Hunger.

The National Association of Letter Carriers, along with the Orland Park Post Office, will be collecting non-perishable food items on **Saturday, May 9**. Residents can help by placing food donations near their mailbox and a letter carrier will retrieve the food items and deliver them to the Food Pantry. Suggested donations include: canned vegetables, fruit, soups, cereal, peanut butter and jelly, tuna, macaroni and cheese, rice, spaghetti sauce, pasta, salt and pepper, mayonnaise, ketchup, mustard, coffee, tea, personal care items, and paper products.

Support the Food Pantry While Shopping on Amazon

Support the Orland Township Food Pantry while shopping on Amazon. We have joined the Amazon Smile program to make it easy for individuals to support the Food Pantry, at no extra cost, while purchasing goods through Amazon.

Simply go to smile.amazon.com and sign in using your Amazon account login information. Select **Orland Township Food Pantry Fndn** as your charity and start shopping. Amazon will donate 0.5% of every purchase made through Amazon Smile on behalf of the Food Pantry back to us.

Thank you for helping the Orland Township Food Pantry offer critical assistance to community members in need.

Golden Opportunities Coupon Books Available for Discounted Price of \$15 Beginning Monday, Feb. 3

The Food Pantry is selling the 2020 Golden Opportunities coupon book at the Township office, 14807 S. Ravinia Ave. This book offers thousands of dollars in two-for-one specials and up to 50% off at local and chain restaurants, hotels and resorts, entertainment venues and much more. Proceeds support the Food Pantry. Get yours for a discounted price of \$15, starting Monday, Feb. 3, and save hundreds of dollars on your purchases.



Grocery and Healthcare Benefits Available for Eligible Residents

Learn More at Orland Township; Call to Schedule an Appointment

Staff from the Greater Chicago Food Depository will be available to help individuals and families apply for SNAP and Medicaid benefits! Appointments are limited, so call to schedule yours today. Please bring the following items with you:

- ✓ID (such as driver's license or birth certificate)
- ✓Social Security cards for everyone in your household
- ✓Paystubs, Social Security Statement, SSI statement or any other proof of income from the past 30 days
- ✓Proof of medical expenses from the last 30 days for anyone blind, disabled, or over 60
- ✓Court ordered child support statement, if applicable
- ✓Mortgage statements, property taxes, and/or homeowners insurance, if applicable
- ✓SNAP Redetermination Letter, Form: IL444-1893 "Renewals Only"



Date: Tuesdays, February 11th, March 10th & April 14th

Time: 8:30 a.m. – 12:30 p.m. By Appointment Only
Call (708) 403-4222 to make an appointment

Location: Orland Township • 14807 S. Ravinia Ave., Orland Park

Community Generosity Makes the 2019 Holiday Program a Success!

Orland Township elected officials and staff would like to thank all those who so generously donated items and their time to help make our 2019 Holiday Program a success! Below are just a few examples of our amazing community members' contributions!



Members of the Sandburg Eagles Hockey Club brought in food donations the team collected for the Holiday Program.



Students from Prairie School Orland District 135 raised nearly \$2,000 and donated food and toys to the Holiday Program.



Orland Park residents Addison and Mila Taylor, Grace and Drew Thompson and (not pictured) Avery and Ashton Allen raised more than \$200 at their neighborhood lemonade stand and donated all the proceeds to the Holiday Program.



Theresa Tallon of Orland Park knitted and donated hats, scarves, mittens and booties to the Holiday Program.



Some of Orland Township's wonderful volunteers and staff who helped distribute holiday meals.



Orland Township's Knitting Club donated their hand-knitted hats and scarves to the Holiday Program.



The Young Achievers from Orland Park's Pre-School Program delivered the food items they donated to the Holiday Program.

Orland Township Youth & Family Counseling Services
14807 S. Ravinia Ave., Orland Park
(708) 403-4001

Hours: Monday through Friday: 8:30 a.m. to 4:30 p.m.
Tuesday: 8:30 a.m. to 6 p.m.



ORLAND TOWNSHIP YOUTH & FAMILY COUNSELING SERVICES

Youth & Family Counseling Services Chair John Lynch

Orland Township Youth & Family Counseling Services strives to empower local youth and families to communicate more effectively, make good decisions and choose positive behavior by offering educational programs and services, guidance and support. Our programs help teach and build social and problem-solving skills, lend assistance during difficult times, and provide information on additional resources available in the community.

All clinical services are supported by Orland Township tax dollars. Services included are listed below.

COUNSELING SERVICES

Counseling services are by appointment only and are offered with sliding scale fees. Sessions are tailored for individuals (adult and youth), couples, families or groups. Please call (708) 403-4001 for more information or to schedule an appointment.



ANGER MANAGEMENT WORKSHOPS

Anger is a normal and unavoidable feeling that can adversely affect many different aspects of life, including friendships, family, school and employment. Orland Township Youth & Family Counseling Services offers a four-hour anger management workshop to help navigate this strong emotion.

Workshops are available for adults only or for parents and teens to attend together. Individual sessions also are available for adults and teens.

PREVENTION / AWARENESS WORKSHOPS

Get It Straight-Drug Facts 101

Have you noticed any recent changes in your child's behavior or choice of friends? Do you suspect or know that your child has experimented with alcohol or drugs? This two-week informative workshop will allow parents and adolescents to confront the world of substance use and abuse. The group's focus is directed towards adolescents, ages 12 to 18.

An individual screening is needed PRIOR TO the start date. This screening is included in the workshop fee.

Responsible Risk Taking

This program encourages participants, ages 13 to 17, to make responsible choices through thoughtful discussion. Attendees learn the difference between healthy and unhealthy risk-taking, and how to understand the consequences of poor choices, while discovering positive means of distinguishing themselves from others.

Forever Exposed

Social media has become a constant in everyday life. This preventative and educational program is designed to help teens think before they post. The group meets as needed.

COPING SKILLS / SUPPORT GROUPS

Major life changes such as the death of a loved one, divorce or moving can create feelings of grief, fear and anger that may influence behavior. Orland Township Youth & Family Counseling Services offers two programs to assist residents in navigating through such challenging developments.

Transition Group

Orland Township's Transition Group can help young people manage difficult circumstances by equipping them with the skills needed to deal with life's rough patches. This group can be tailored to specific instances of loss or change.

"Forever In My Heart"

This open forum focuses on coping with grief and provides a supportive and accepting environment, paving the way for hope during a time of confusion and crisis. Curriculum may be adjusted to group or individual needs. The group meets as needed.



ORLAND TOWNSHIP YOUTH COMMISSION

Are you in 6th grade or higher? Earn community service hours while having fun by attending the next Orland Township Youth Commission meeting!

The OTYC meets the second Wednesday of the month from 6 to 8 p.m. in the Orland Township Activity Center, 14807 S. Ravinia Ave. Community service hours can be earned by completing a service project and free pizza and pop are served at every meeting. For additional information, please call Kathy at (708) 403-4001.

Upcoming Meeting Dates:
February 12
March 11
April 8



CHARACTER BUILDING / LIFE SKILLS WORKSHOPS

The "F.O.C.U.S." Group (**F**ocus **O**n **C**haracter **U** Succeed)

This teen group focuses on the "Six Pillars of Character" — caring, respect, trustworthiness, responsibility, citizenship and fairness — which will help them "refocus" from self to others and offer an alternative to immediate gratification.

S.T.E.P. Parenting Classes (**S**ystematic **T**raining for **E**ffective **P**arenting)

This four-week class is designed for parents of school-age children. It provides valuable training with the goals of improving communication among family members and diffusing conflicts.

Social Skill Building

Orland Township Youth & Family Counseling Services offers individual Social Skill Building classes for students. In these classes, students will learn basic skills such as conversation starting and joining, appropriate behavior in groups, social cues and more. The curriculum can be adjusted to students' needs and meets as necessary.

For more information on any of the listed programs, including meeting dates and times, and applicable fees, please call Orland Township Youth & Family Counseling Services at (708) 403-4001 or visit the office located at 14807 S. Ravinia Ave. Office hours are Monday through Friday, 8:30 a.m. to 4:30 p.m., Tuesday 8:30 a.m. to 6 p.m.

ORLAND TOWNSHIP

Spring JOB FAIR

Tuesday, April 28, 2020 • 10 a.m. – 1 p.m.

Orland Township • 14807 S. Ravinia Ave., Orland Park



Join us at this free job fair for the opportunity to meet with possible future employers. There will be over 30 companies attending the fair.

Business casual attire recommended, and bring several copies of an updated resume.

All jobseekers welcome!

For more information, call Alexis (708) 403-4222.

Assistance Programs Help Residents Experiencing Financial Hardship

Managed by Supervisor Paul O'Grady

Orland Township strives to support residents in as many ways as possible by providing valuable services and programs, ranging from our Food Pantry and Pet Pantry to health seminars and senior transportation. As part of this mission, the Township offers a year-round General Assistance program that helps residents meet basic needs until employment or another source of income, such as Social Security, disability or public aid, is obtained. The Township aims to help residents experiencing economic difficulty get back on their feet as quickly as possible so that a temporary setback does not become a more detrimental and permanent challenge.

"There are people in our community who are struggling financially," said Supervisor Paul O'Grady, who manages the program. "It's important they know we are here to help."

The Township also offers the Emergency Assistance program, which grants financial aid to qualified individuals and families on a short-term basis to alleviate life-threatening circumstances or to assist residents in returning to self-sufficiency. The Emergency Assistance program offers many relief options, including but not limited to rent/mortgage assistance and energy/utility bill assistance.

"When one of us falls behind, we all fall behind," O'Grady said. "Orland Township wants to help those in need get back on their feet so our community can remain strong."

In addition to ongoing assistance, the Township offers annual support options such as the Holiday Program intended to help families struggling financially during the holiday season. Through the Holiday Program, Orland Township each year helps hundreds of families put food on their tables and share gifts with their loved ones. In 2019, the Holiday Program provided holiday gifts and meals to more than 150 local families.

To apply for any of these programs, residents must complete an application and provide verification of household size and proof of residency and income. Applications may be obtained at the Orland Township office, 14807 S. Ravinia Ave. For more information on services provided by Orland Township, please call (708) 403-4222 or visit us online at orlandtownship.org.

Senior Events Enliven the Community, Support the Orland Township Scholarship Foundation

Congratulations and Thanks to All Dancing with the Senior Stars and Senior Dating Game Contestants

After the music stopped, the lights came up and the votes were in, one couple took home trophies and the title of 2019 Dancing with the Senior Stars of Orland Township champions.

Five couples, all 55 years of age or better, spent two months perfecting their dance moves under the guidance of professional dance instructors from the Arthur Murray Dance Studio in Orland Park. Each couple performed two dances, complete with costume changes.



At the end of the evening, John and Pam Beatrice won the title and the Orland Township mirror ball trophies.

"I want to congratulate all of our couples on their hard work and outstanding performances," Supervisor Paul O'Grady said. "I also want to thank all our guests who attended, encouraged our contestants and donated to support the Orland Township Scholarship Foundation. We truly appreciate your generosity."

Special thanks also go out to the evening's celebrity judges: Diane King, owner of Dance Images in Tinley Park; and Bobby and Julia Mrowiec, owners of Arthur Murray Dance Studio in Orland Park and sponsors of the event.



Orland Township's Senior Dating Game



Romance was in the air as four eligible senior bachelors blindly chose a date from three eligible senior bachelorettes at the Township's Senior Dating Game.

Guests dined on pizza and salad from Papa Joe's Restaurant while enjoying the live show modeled after the popular television game show "The Dating Game."

"This evening is about fun, friendship and perhaps even a spark of romance," said Supervisor O'Grady. "Judging by all the smiles and laughter, I think everyone enjoyed themselves. I want to thank everyone, from the contestants to the guests to our volunteers, for coming out and supporting the Orland Township Scholarship Foundation."



A few weeks after the show, the winning couples whisked away via limo to Frankie's Ristorante in Tinley Park for a candlelight dinner and then the finished the evening singing karaoke at Traverso's in Tinley Park.

Special thanks to all the local businesses and individuals who made the event possible, especially:



THE SALVATION ARMY
NICOR GAS 'SHARING' PROGRAM
 The Nicor Gas Sharing Program provides qualifying households with monetary relief for their natural gas bills. Eligibility is based on several factors, including household size and income. Any residential customer can apply for a one-time annual Sharing Grant, which does not need to be paid back. The grant program is administered by The Salvation Army and funded through direct contributions from Nicor Gas customers and employees.

For more information on income requirements for a Sharing Grant, and other assistance programs available to residents, please contact Alexis at (708) 403-4222. An individual household is permitted to apply for a Sharing Grant once per year.

Attention High School Seniors!

2020 Orland Township Scholarship Foundation Awards Applications Now Available

Local students graduating high school in 2020 and heading to college are encouraged to apply for an Orland Township Scholarship Foundation award. The Scholarship Foundation will grant to Township residents more than \$15,000 in scholarships, in amounts ranging from \$500 to \$2,000, to apply toward college expenses.

"These students exemplify the credo of the Scholarship Foundation by giving back to the community in a significant way," said Paul O'Grady, Orland Township Supervisor and President of the Scholarship Foundation. "It is our hope that the scholarship program will express Orland Township's appreciation, as well as motivate these future leaders to continue to give back to their own communities."

Antonio Rubino, Orland Township Trustee and Scholarship Foundation Treasurer, agreed: "Continued effort on the part of these young people has led them to their positions of community and academic leadership. We think it is important to recognize those qualities."

Applications are now available at the Orland Township office, 14807 S. Ravinia Ave., from guidance counselors at area high schools and from the Township's website, orlandtownship.org. Completed applications must be returned to the Township or postmarked by Friday, March 13.

The Scholarship Foundation will select finalists after reviewing each application. It will then award scholarships based on a combination of factors including the applicant's commitment to community service, academic focus, recommendations from school representatives, volunteer supervisors or employers, and an essay. Students faced with financial hardship will be given strong consideration.

Please call Orland Township at (708) 403-4222 with any questions.



ORLAND TOWNSHIP THANKS THE FOLLOWING 2019 HOLIDAY PROGRAM CONTRIBUTORS FOR THEIR GENEROUS DONATIONS

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 Sandburg Mitten Tree
 Sherita Meno
 Southwest Community Concert Band
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 St. Michael Parish
 St. Stephen Deacon & Martyr Parish
 Sts. Peter & Paul Ukrainian Orthodox Church
 Theresa Tallon
 Timothy & Karen O'Brien
 Trader Joe's
 Vicki Skonicki
 Village of Orland Park Recreation Department Preschool
 William & Susan Dunlap

THANK YOU FOR GOING ABOVE AND BEYOND TO MAKE THE 2019 HOLIDAY PROGRAM ANOTHER SUCCESS

