



STRONG & FIT

2021 Session

**Wednesdays
3:00 pm - 3:45 pm**

February 3

February 10

February 17

February 24

March 3

March 10

March 17

March 24

New Temporary Location:

Orland Chateau

14500 S. LaGrange Rd.

Instructor: Barbara Cachey

Register at Orland Township

14807 S. Ravinia Ave.

(708) 403-4222

www.orlandtownship.org