



# STRONG & FIT

2024 Sessions

Instructor: Barbara Cachey

Tuesday

3:45 p.m. to 4:30 p.m.

June 4th, 18th, 25th,

July 2nd

Register at Orland Township

14807 S. Ravinia Ave., Orland Park

(708) 403-4222

**\$20.00 for Residents**

**\$25.00 for Non-Residents**